

FIRST AID/ADULT CPR/BLOODBORNE PATHOGENS

COURSE DESCRIPTION

This is a comprehensive First Aid/CPR training program which provides employees with the skills, practical knowledge and confidence to administer emergency treatment which may mean the difference between life and death. Bloodborne Pathogen training is also included in this course.

COURSE OUTLINE

1. Primary assessment
2. One-Rescuer CPR
3. Choking/Obstructed Airway
4. Control of Bleeding
5. Shock Management
6. Illness Assessment
 - a) Heart Problems
 - b) Stroke
 - c) Allergic reactions
 - d) Diabetic Emergencies
 - e) Epileptic Seizures
 - f) Hyperventilation
7. Injury Assessment
 - a) Fractures & Dislocations
 - b) Head, Neck, Back Injuries
 - c) Chest Injuries
 - d) Lifting and Moving
 - e) Wounds and Bandaging
 - f) Eye Injuries
 - g) Burns
 - h) Electric Shock
8. Bloodborne Pathogens
 - a) Regulations
 - b) Hepatitis
 - c) HIV
 - d) Universal Precautions
 - e) Exam

NOTE: Participants must demonstrate adequate performance proficiency to the satisfaction of the Certified MFA Instructor. Graduates will be issued a two year Medic First Aid wallet card. Typical worksite scenarios have been developed to facilitate practical learning.

COMPLIANCE REQUIREMENTS

MMS (API RP 75 & T-7) and OSHA 29 CFR 1910.151 require employees to be adequately trained to render First Aid in the absence of a medical facility in near proximity. Training required every two years. Bloodborne Pathogen training is required annually and complies with 29 CFR 1910.1030 regulations.

Hours: 8